Newsletter 2



PROJECT MEETING IN IZMIR

The last months have marked much hard work but also many exciting events and progress for EUNOIA.

The main efforts were directed into the development of the Handbook for Employers and Employees, the project's heartbeat, as they are the tools used to address the enhancement of mental wellbeing at the workplace.

Another milestone was the meeting held on 27-29 March, in Izmir Turkey, where the partner organizations could finally meet in person, review and refine details from the handbooks, plan the following steps and finally share that longed for cup of (Turkish) coffee.

The meeting was visited and partially attended by stakeholders and members of

WHAT'S NEW WITH

EUNOIA?

HANDBOOK FOR EMPLOYERS AND EMPLOYEES

Available at: www.bewell-eunoia.eu



Date: June 2022

Karabağlar Kaymakamlığı district government unit.

Several of them expressed their interest and appreciation of the project and stressed the importance of addressing mental health and building resilience in every area of everyday life.

During the meeting, special attention was dedicated to the design and planning of the awareness-raising campaign, which is scheduled to take place May-June 2022 and aims at contributing to the destigmatization of mental health disorders.

After two days full of hard work ideas, inspiration, excellent Turkish hospitality and a successful meeting, the partners look forward to the future planned activities and as well to the next meeting.

More information on: http://www.bewell-eunoia.eu/

Look out for project's hashtag: #eunoia4mentalhealth



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